

THE DR. BOB KEMP HOSPICE FOUNDATION

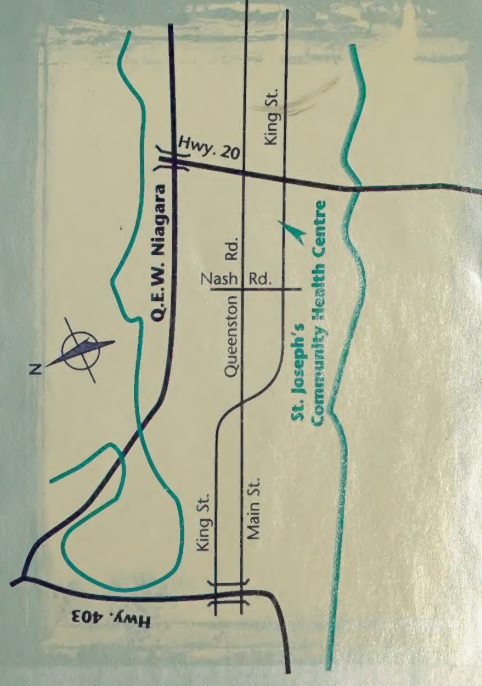
The Dr. Bob Kemp Hospice is dedicated to providing meaningful programs and services for those living with a life-threatening illness. The Dr. Bob Kemp Hospice is committed to enhancing the quality of life for clients and their families. For more information, contact (905)573-4821.

St. Joseph's Health Care Foundation

St. Joseph's Health Care foundation is a registered charity committed to raising funds that will allow St. Joseph's to continue to care for those who need our help. For more information about how you can contribute to St. Joseph's Health Care Foundation, call the Foundation office at (905)521-6036. Fax: (905)577-0860.

St. Joseph's Community Health Centre

2757 King Street East Hamilton, Ontario,
Canada L8G 5E4
(905) 573-7777
www.stjosham.on.ca



St. Joseph's Community Health Centre

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Hamilton, Ontario
Canada



THE HEALTH EXTENSION

The Health Extension is a taped library of health information available over the telephone 24 hours a day. Over 450 messages are available, in English, French, and Italian. There are also messages for children. Information is free and confidential. Call (905)573-7557.



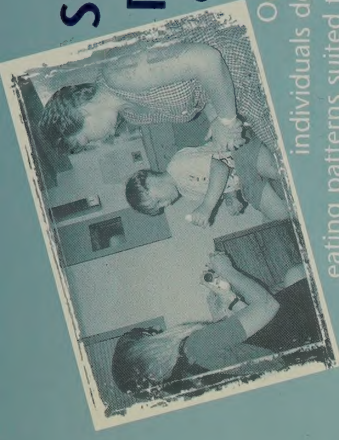
CONSUMER HEALTH INFORMATION CENTRE

The Consumer Health Information Centre offers a unique collection of books, journals, videos, pamphlets and CD ROMs. Internet access is also available. Volunteers help people access information in person or through the mail. Call (905)573-4810.



PASTORAL SERVICES

Pastoral Services offers clients a climate of honesty, confidentiality, and service for dealing with some of life's difficulties. The Chaplain ministers to patients, program participants, families and staff, by providing pastoral counseling and/or spiritual and emotional support.



SPECIALTY PROGRAMS

Community Nutrition Program
Our Dietitian helps individuals develop healthy eating patterns suited to their lifestyle, health, and nutrition needs. For more information, call (905)573-4805.

Continence Program

The Continence Program is for any person who has problems with bladder or bowel control. The continence nurse specialist will work closely with you to decide what plan of care is best for you. For more information, call (905)573-7777 ext.8602

Family Asthma Education Program

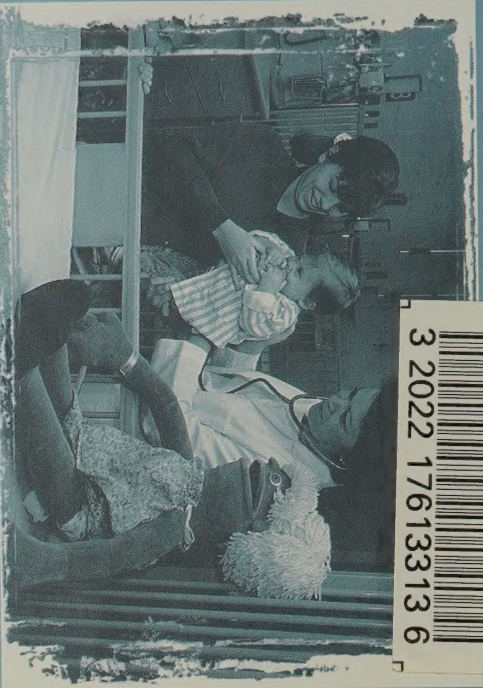
This program provides education and support to children and teenagers with asthma. For more information, call (905)573-7777, ext. 8403.

SPECIALTY SERVICES

As the needs of our community change, St. Joseph's Community Health Centre continues to develop new specialty services to meet the needs of our clients.

At present, some of the services available include:

Gastroenterology
General Internal Medicine
Neurology
Plastic Surgery Services
Respirology Services
Rheumatology/Osteoporosis
Orthopaedic
Cardiology
Radiology
Podiatry
Sleep Disorders
Dermatology



CHILDREN'S HEALTH SERVICES

Communication Disorders

The Communication Disorders Program offers assessment and follow-up services to clients with speech, language, and hearing difficulties. Audiology provides services to clients of all ages who have, or are suspected of having, hearing problems.

Speech-Language Pathology

services focus on preschoolers who demonstrate a delay or impairment in communication, and on clients in the geriatric Day Hospital program. For more information on this program, call (905)573-4803.



Baby's Best Start

Baby's Best Start is a weekly drop-in program for pregnant women at risk of delivering low birthweight babies. For more information, call (905)573-4826.

C.A.T.C.H. Clinic

The C.A.T.C.H. Clinic is a dedicated, multi-disciplinary team of health professionals who provide comprehensive health services to pregnant women at risk of delivering low birthweight babies. For more information, call (905)573-4826.



HEALTH FOR OLDER ADULTS PROGRAM

This program provides professional health care, assessment, rehabilitation, and health education to older adults. Assessment is available at the Community Health Centre as well as in the home through an outreach program. Day Hospital services are also offered. For more information call (905)573-4818.

Stay Well Program

The goal of the Stay Well Program is to assist the frail elderly in maintaining independent lifestyles through exercise and activities. For more information, call (905)573-7777 ext. 8755.

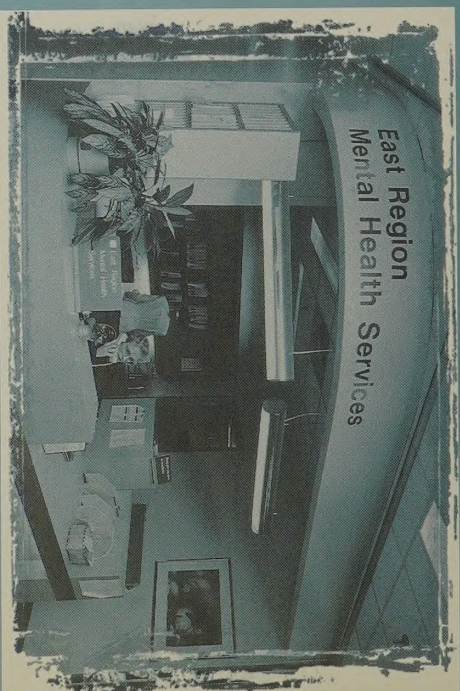
Diabetes

This program offers diabetes assessment, education, and management. The focus is to help clients manage their diabetes and achieve a healthier lifestyle. For more information, contact (905)573-4819.

Chiropody

The Chiropody Program works to identify, treat and prevent foot problems. Appointments are made through physician referral by contacting (905)573-4817.

The Chiropody Program also offers a Nail Care Clinic for clients who are unable to manage their own basic nail care. A physician referral is not needed. The cost is \$13 per visit. To schedule an appointment, contact (905)573-4817.



MENTAL HEALTH SERVICES

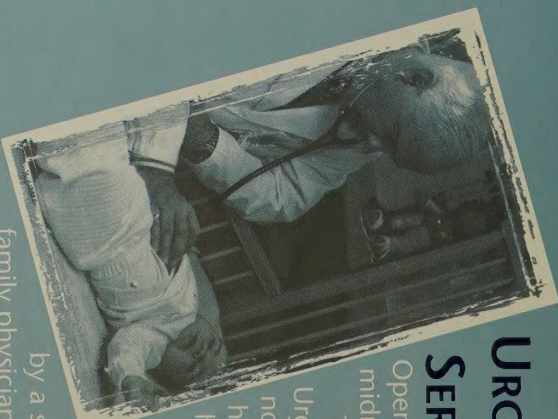
East Region Mental Health Services helps people with mental health problems work to rebuild their lives, including gaining self-confidence and improving social skills.

East Region Mental Health Services is committed to providing accessible, high quality care to people with psychiatric or serious emotional problems.

We are a team of psychiatrists, nurses, social workers, and occupational therapists who provide therapy for individuals, couples, and families.

We also provide consultation to family physicians as well as offering a variety of group therapy programs.

Health promotion and disease prevention strategies include community economic development projects for the seriously mentally ill. Also, through educational programs, we provide information to the public on mental health issues. For more information, contact (905)573-4801.



URGENT CARE SERVICES

Open daily from 8 a.m.-midnight

The primary activity of Urgent Care is to diagnose, treat and send home patients who have a health care need that was not anticipated and could not have been dealt with

by a scheduled visit to a family physician. Urgent care does not receive patients via ambulance. If patients are seen at Urgent Care and need more specialized services, they are transferred to the most appropriate hospital facility.

Physicians at Urgent Care are qualified emergency physicians. Some of the types of injuries or illness treated in Urgent Care are uncomplicated fractures, sprains, cuts and high temperatures. For more information, contact (905)573-4811.

DIAGNOSTIC SERVICES

Open daily from 8 a.m.-10 p.m.

We provide the following diagnostic services :

- Radiology (X-ray)
 - Laboratory
 - Bone Densitometry
 - Ultrasound
 - Holter Monitor
- To schedule appointments for Bone Densitometry, Ultrasound, and Holter Monitor, call (905)573-4814.

